

AN ATTEMPT AT

*Cosmic
Mediumship*

By Riley Crabb
Director, BSRA

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PO Box 548, Vista, Calif. 92083

I N T R O D U C T O R Y R E M A R K S

Why the title "Cosmic Mediumship"? Because this is the term used by one of my teachers, Dion Fortune, for the conscious reception of words and ideas from other entities, human and non-human. This is not my first attempt at Telepathy or ESP (the use of Extra Sensory Perception), nor will it be my last. The majority of the Associates of BSRA believe in some form of ESP. I believe in it and in fact this is one of our main fields of investigation. I believe the Director of BSRA should lead the way, hence this attempt at communication with members of the Inner Circle.

Mediumship can be conveniently divided into five general types: Clairvoyance, clear-seeing; Clairaudience, clear-hearing; Full Trance; Impressionism; and Materialization. Contact with other worlds, other planes of consciousness, other Beings and manifestation of this contact at our physical level may involve one or several of these kinds of mediumship.

We do not encourage spontaneous or uncontrolled mediumship of the passive type where the receiver or medium gives up control of mind and body to unidentified entities. We do advocate, and practise, conscious communion with other beings at the mental level. This corresponds roughly to dialing a specific phone number to get in touch with a specific person. If you get a wrong number or some one else answers the phone, you can decide for yourself whether to hang up or to continue communicating. Once you've reached the person you want to talk to, to understand him you must listen; you must become consciously passive. This is Impressionism when it is mind to mind, Cosmic Mediumship.

In Cosmic Mediumship the passive, receiving side of the brain must be trained to listen quietly, calmly and impersonally while the sender unifies his consciousness with yours and impresses his thought patterns on your mind-stuff and you write them down or otherwise record them as does any good secretary.

Is positive identification of the communicating entity always possible? Of course not! As you very well know, deception is always possible, not only between the planes but here in the physical world! All you can do is exercise your best judgment and try to avoid gullibility. As Lao Tse told our former director, Meade Layne, years ago during the early Mark Probert Seances, "You can only judge the value of a seance communication by the quality of its content. If the information seems intelligent and useful to you, use it; pay attention to it; if not, reject it."

Always remember, what we do with "other-world" information in this, our world, is our responsibility. Generally, if an advanced being from

C O S M I C M E D I U M S H I P

An attempt at conscious contact with members of the Inner Circle, by Riley Crabb, Director, BSRA, and his wife, Judith Crabb.

Time: 9:30 p.m., Place: Living Room of their home, 1103 Bobolink Drive, Vista, California, sitting quietly together, pen in hand and paper clipped to a scratch board. Crabb wrote down his questions and the answers that formed in his mind.

First person called or invoked was the Yada di Shi'ite, head of the Inner Circle.

August 25, 1960

1. Is the Inner Circle still functioning as such?

"Yes."

2. Are you desirous of using BSRA as a channel for teaching?

"We use any channel receptive to what we have to give, and capable of passing it on."

3. How do you propose to use Judy and me to further your work?

"Just as we are doing now."

(At this time we were publishing the BSRA Round Robin Journal, containing occasional quotes and excerpts from Inner Circle seance material through Mark Probert. We were also republishing and selling the early Probert Seances originally released by Meade Layne.)

4. Do you have any new material to give out?

"Yes, enough to keep you and Judy busy for years to come."

August 27, 1960 - 9:30 p.m.

(I had painted a portrait of the Yada, copying from one painted by Mark Probert years earlier. We were using this as a magnetic link with the Yada. This night when I relaxed I kept slipping out or dropping off into momentary unconsciousness. Judy said she did get a focus on the Yada from his picture but couldn't hold it.)

1. Yada, when are we going to break through the Veil?

(I drifted off again, twice. From now on, these breaks in consciousness will be indicated by a check mark ☒. Each check mark will indicate one break.)

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"Just as soon as it can possibly be done."

(Judy saw clouds of material being drawn from her solar plexus. I was partly out.)

August 28, 1960 - 9:30 p.m. - Sunday evening

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1. Are the Proberts going to succeed in having the Magic Bag printed?

"No, not immediately."

2. (Couldn't even seem to form a question!)

August 29, 1960, 9:30 p.m.

(Saluted the Yada di Shi'ite and invited him to come through.)

1. /////

August 31, 1960, 9:30 p.m.

1. Who is always here when Judy and I meditate?

"The Yada di Shi'ite."

"Dion Fortune".

September 2, 1960, 9:30 p.m.

//////// (Drifted off seven times this evening, something of a record.)

1. What is our next important ESRA material to be released?

(Judy answered this by saying that one of us would have to break through the Veil to get the messages, and that was all for that night.)

September 3, 1960, 9:30 p.m.

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1. What materials are you going to send us? (No discernible answer this night.)

September 4, 1960, 9:30 p.m.

1. Yada, are you satisfied that the work is moving forward again with the release of the Unpublished Seances of 1948, 1949 and 1950?

"Yes! You should have started earlier for the sake of your own finances. Only in this way can you really sustain BSRA. As you suspected, it was the Light of the Inner Circle which really guided Mr. Layne forward to such success as he enjoyed up to the early 1950s."

2. Do Judy and I dare hope that we can guide BSRA forward in a new and more expanded cycle?

(I had invoked the Yada di Shi'ite but it seemed as though Lao Tse was showing himself to my inner eye. Probert had painted a portrait of Lao Tse also, in profile, bald-headed and with a fringe of white hair and white beard.)

"We have great plans for you which will be unfolded as you deserve to know them. One thing at a time. Make good use of what you have."

(Judy says her eyes blurred. She felt as though she were being drawn upon during this sitting.)

September 5, 1960, 9:30 p.m.

Invoked the Yada di Shi'ite, Professor Luntz and Lao Tse.

1. Is the Inner Circle prepared to teach or give a series of lessons on occult matters?

"Yes." (from the Yada)

2. Why wasn't this done through Mark Probert?

(No answer)

3. Is your goal a Lodge of Initiation here in Southern California?

"No, not necessarily."

4. Should we work rather toward a 3-D manifestation of one of the Western Traditions?

"Isn't that what you are doing?"

September 6, 1960, 9:30 p.m.

We invoke the Yada, Professor Luntz and Lao Tse.

1. Do you want the early seance material published in book form?

"Yes."

2. Do you envision ESRA as a large organization, with many sections, Board of Directors, etc.?

"That is up to you."

September 7, 1960, 9:30 p.m.

Invoke the Yada di Shi'ite.

1. Has the United States Navy discovered Rainbow City on the Antarctic continent yet?

"No."

2. Has our Navy been looking for it?

"No."

3. The Russian explorers?

"Yes."

4. Have the explorers of any nation discovered Rainbow City?

"No."

5. Are you, Yada, in touch with any Beings there?

"Yes."

6. Are they physical beings?

"Yes."

7. Of what race?

"The human race."

September 8, 1960, 9:30 p.m.

Invoke Lao Tse.

1. Was Lao Tse a Taoist?

"But of course!"

2. Will Tao work with the Russians?

"Tao is not the American way."

3. What do you hope to teach us, then?

"To share some of the knowledge I've gained over the years. Perhaps we can move along the Path together, you and I."

4. Fair enough, honored friend, fellow philosopher.

"So much to be said and this means so inconvenient for you, yet."

September 9, 1960, 9:30 p.m.

Invoke the Yada di Shi'ite.

1. How are chances of getting Harmony Grove for a BSRA convention next July 4th?

"Good!"

2. Was this your idea?

"Let us say it came from several minds. It has many ramifications of which you could not dream at present."

3. Will it be a success?

"Of course, in every way. Many are just waiting for a chance to take part in a convention of serious-minded researchers like yourself, a gathering which they need not be ashamed to attend. You will be surprised at the sources from which help will come, more than you can use. Your lecturing will 'pay off', as you would put it, in the form of hundreds of people who wish you well / / and have great faith in your sincerity."

September 10, 1960, 9:30 p.m.

Invoke Professor Alfred Luntz.

1. Have you submitted to Eastern disciplines in joining the Inner Circle, or do you adhere to the Western Mystery Tradition?

"I adhere to the Western Tradition."

2. I suppose you are in favor of our re-working and releasing Dion Fortune's material?

"Definitely."

3. Is Dion in a physical body now, somewhere?

(No answer).

September 11, 1960, 9:30 p.m.

We invoke the presence of the Inner Circle. I experience an unbearable tickling in my throat center.

1. Could this be a prelude to conscious communication?

"Yes."

2. What can I do to help from this side?

"Concentrate on me. Give me a stream of energy to get hold of. Create a form to hold my response. I can't do it all!"

September 12, 1960, 9:30 p.m.

Tried red light and rose incense as an opener tonight.

1. Will the use of color and incense help in our communication project?

"Perhaps." (Lao Tse)

2. Will you cooperate with me and Judy as we try it for a few nights?

"Of course. What else can we do?"

3. Do you have a favorite color?

"Red."

4. What does it signify to you?

(No answer)

September 13, 1960, 9:30 p.m.

Used Blue light and Pergalaria incense, G# tone, invoked the Yada.

1. Should I use the Hunter letter in the Round Robin?

"Use your own judgement. The facts will out eventually."

(We had a letter from an old BSRAssociate, Hunter, complaining that we had canceled his BSRA membership a year after we had taken over. A couple of years earlier he had donated \$200 to BSRA for a life membership. We had to buy BSRA from Meade Layne to keep it going. At that time (May 1959) he said nothing about life memberships, nor the money he had taken in for such, nor did he make any provision with us for the continuation of such memberships! Either with a list of names or a pro-rated share of the donations which he had taken in. All this he kept to himself.)

"The meeting room is too cluttered. A little more conscious preparation of the Lodge will help us come through."

2. How about the use of color and incense?

"Experiment, by all means."

September 14, 1960, 9:30 p.m.

Changed location tonight from our living room to our bedroom. This is bare of all furniture except our twin beds. There is no color in the room except the floor and the bed clothes. Walls, and ceiling are white plaster. The woodwork is painted an off-white. Floor-length drapes on the one, aluminum-framed window are white fibre-glass. Judy's clothes are kept in the closet; shoes in the hall. Clean, simple, uncluttered conditions like this probably promote clearer communication between the planes. We used no colored light or incense this first time. I invoked the Yada di Shi'ite and other members of the Inner Circle.

1. Which is it to be, expand this Bobolink Drive home as BSRA Headquarters, or rent separate offices?

"Expand this place."

2. How soon will I have some office help?

"As soon as you have room for them."

3. And money?

"And money."

4. Could you suggest a date, a month?

"September, 1961, another year."

5. Should I enlarge the Board of Directors to include prominent or active Associates?

"By all means."

6. Anything else?

"Get Federal recognition of BSRA as soon as you can -- if you want more money."

September 15, 1960, 9:30 p.m.

In the bedroom again, using yellow light and Acacia incense. We invoke the Yada and Iao Tse.

1. Was I right in surmising that you gentlemen would like to establish a Lodge of Initiation here in the San Diego area?

"A center for study. If anyone advanced to the place where initiation is his right, that could be arranged."

2. Judy and I are concentrating our studies on a Western school, you two are Easterners?

"There is no difference at our level."

3. There is at mine. Suppose I come to the break-through of the Veil and you two are not on my Ray? What then?

"You need not concern yourself about that now. We know the Master of your Ray and work with him when necessary. There is a considerable interchange of students, especially those in public positions, as they come under one or another type of Ray influence. You are no exception."

September 16, 1960, 9:30 p.m.

Bedroom, red light, rose incense, chant tone of C. Invoke the Yada.

1. What is your message for tonight?

"I have no message."

2. I have no questions, except to ask if you find the atmosphere more suitable for communication? (There is a loud crack in the joists of the attic above the bedroom).

"Much more so. If you can maintain this program of nightly sessions we must succeed. We won't fail you. Do not fail us."

3. Did I hear a trace of Professor Luntz's British accent?

"Dash it all! Thought I'd eliminated that, talking in America all these years."

4. Do you suppose Judy and I could work out a trip to England eventually?

"We'll be glad to help."

September 18, 1960, 9:30 p.m.

Bedroom, yellow light, Acacia incense, played recording of Sibelius' "Swan of Tuonela". My consciousness is so full of the strains of the music, a strange atmosphere indeed, with rolls of distant thunder in the background. The vista air is oppressive with the threat of storm. I had invoked the Yada and Lao Tse but I don't know whether the music is helpful or not.

1. Words without music would be appropriate?

"None. Don't need it."

"He doesn't need anything," said Judy.

"Your willingness to cooperate is most important. A clean room, a clear mind."

2. Should we try for the Seattle-Vancouver area in this late October trip to Berkeley?

"Why not? You have sent out inquiries already. We are working on them. The Inglewood date need not interfere."

3. Is there really a Secret Ledge in Mt. Shasta?

"You wouldn't doubt Phyllos now, would you? Nor Judy's urge to visit the mountain? Bring a Shasta stone back with you for your home collection."

(The Vancouver trip was finally arranged in February, 1961. We did spend one night in a motel in Mt. Shasta on our way north and drove up to the ski lodge. We had no significant dreams or other experiences while there, and forgot to pick up a stone for our collection.)

September 19, 1960, 9:30 p.m.

Bedroom, invoke the Yada, Lao Tse and Professor Luntz.

1. What's new?

"That's rather a tremendous question, isn't it?"

2. Do you have any new plans for BSRA? Or are you still endeavoring to complete the original ideas of 1950 and 1951?

"We can go along more or less as we are now. You have plenty of useful material on hand. Get that out first."

3. Is it necessary for us to sit every night at 9:30?

"If you want to establish rapport with us, yes! Some regular effort is essential, at least until you have complete confidence / (A check mark here in the script indicates that I must have drifted off for a moment.) that you 'read' me correctly."

4. It's going to take time.

"We have infinite patience." / (Another blank moment).

5. What about my relations with Abraham Lincoln?

"We won't interfere in any way. These things you must keep separate at your level. 'Let not your right hand know what your left hand doeth.'"

6. Will we be contacting Charles Lingford at any time?

"No. He is enjoying intensive training now at another level of being, not to be disturbed."

(Charles Lingford was one of Mark Probert's earliest controls, but hasn't been heard from for years.)

7. This seems to be flowing smoothly, better than I hoped!

"Thank you."

8. Guess I'd better get your portrait finished.

"It will help."

(I was working on life-size portraits of some of the Inner Circle members, using color photograph copies of Mark Probert's originals.)

September 20, 1960, 9:35 p.m.

It had been a warm day and we drove back up into the Palomar mountains to visit an Associate who lived alone in an ancient adobe farm home. She had dabbled in metaphysics for years and considered herself a great medium, thus attracting a swarm of entities who were not all desirable companions! I brought Judy home, sick. I asked for Professor Luntz.

1. Anyone care to venture an opinion as to what is wrong with Judy?

"Well, my dear, there's nothing wrong with you, it's your husband, bringing all those strange vibrations into the house and not properly cleaning them out. You are extremely sensitive, always have been, and both you and he will have to do more conscious protective work. We can only suggest. You knew your Associate's place was bad for you -- too primitive -- and yet you did nothing to protect yourselves before arriving there. It wasn't the heat that bothered you as much as the low vibrations, which stayed with you and left you open for the trouble in the lower part of your body. It will take time to work it out. Plenty of warmth, where needed, massage and rest will do the trick. Psychic injuries heal slowly."

(With Judy "out of commission" for a few days, our polarity was out of balance, too. This revealed itself in the poor sessions of the next three days.)

September 21, 1960, 9:55 p.m.

In the living room, rainbow color lamp and violet perfume. Invoked Lao Tse but could get nothing.

September 22, 1960, 9:35 p.m.

In the living room, burned blue-green incense, breathed deeply, visualized the Yada di Shi'ite.

/

1. Why have we no lecture invitations now?

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2. Should we try to form a lesson course out of earlier seance material?

(No answer to either of these questions.)

September 25, 1960, 9:30 p.m.

In the bedroom, no incense or colored light, invoked the Yada and tried to visualize him but kept drifting off.

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September 27, 1960, 9:30 p.m.

In the bedroom, burned green Pine incense, invoked the Yada.

1. What do you think of our placing the Frank Hunter letter in

"It does not matter in the long run. You are going to pay up your contract with Meade eventually."

2. Do you think Meade had a right to sell BSRA?

"No, but how else could you have become director? He wouldn't have given it up voluntarily. This was the only way to get you in."

3. Do you believe the Associates should have some knowledge of how Meade used them?

"Only a few will be really bothered by it. Handle it so you will come out smelling clean for your own sake. Don't criticize, don't condemn. 'Vengeance is mine,' sayeth the Lord. In no way deviate from your plans to make BSRA bigger, better and of greater service than it was under the former director. You will get all the guidance and assistance you can possibly use! Our further plans will be unfolded from time to time."

September 28, 1960, 9:35 p.m.

Bedroom, red light, rose incense, invoke Professor Luntz.

1. I say there, do we really have Harmony Grove for our convention next July 4th?

"My dear fellow, Mrs. Spanyard's phone call to you earlier in the evening answered that one. Now you can proceed with your plans. We will help. This was our idea anyhow. This gathering will be of inestimable value to you and the growth of BSRA. People will come a long way for this meeting."

2. Do you want Mark and Irene Probert there?

"Do you?"

3. I'm not sure. That \$100 fee seems pretty high. It wouldn't be fair to the other speakers.

"Give Mark an invitation on the same basis as the others."

(This I couldn't bring myself to do at that time. Mark was invited to hold a trance lecture at the Borderland Convention a year later, at the 1962 Labor Day gathering. He and Irene did show up the last afternoon and the Yada did talk through him. Mark did receive a small honorarium for appearing, as did most of the other speakers.)

4. Is Meade Layne still in the body?

"Yes."

5. Will he recover his health?

"No."

(Mr. Layne passed away in May, 1961).

September 29, 1960, 9:40 p.m.

Bedroom, invoke Professor Luntz.

1. Why haven't Ralph Holland and Ed Schultz volunteered any material for the Round Robin Journal?

"You haven't asked them."

2. Has BSRA entered a completely new phase under my direction?

"No, there are some parts of the original program (1950) still to be completed before we can move forward with more advanced work."

3. What remains to be done?

"Better organization of the material we have already given, thus allowing us to make a stronger impact on those minds open to what we want to impart."

4. Should I set up a lesson course?

"That would help, it would be a good second step."

5. Should these be organized around the individual Inner Circle members who gave the material?

"Of course, with his picture, where you have one."

6. Does this mean you are ready for the pull, the mental demands which will be made on you through the pictures?

"Yes, otherwise we wouldn't have had Mark paint us. Nor would we have planted the idea in your mind of obtaining photo-copies of the paintings from which you made your copies!"

September 30, 1960, 9:35 P.M.

Bedroom, invoke Lao Tse.

1. Can I contact this consciousness, bald head, long white beard, fringe of white hair, quizzical smile?

"Fear not my young friend, it can be done."

2. What is your message for tonight?

"I see questions in your mind. Let my answers be my message."

3. Should we expand our base by moving to Harmony Grove if a house is available?

"I see no such move indicated in the near future. You are not ready. After you have a convention there next year, perhaps. Your over-active imagination should be held to present circumstances."

4. Harmony Grove offers quarters which could house people who would work with us.

"True enough and that need will come in its own good time. You haven't completed this base yet. Believe me, we are as eager to see BSRA grow as you are. But as you know, there is a certain ordered progression to growth, each stage dependent on previous work, soundly conceived and thoroughly executed. Complete this base first."

5. What does this base consist of?

"A. Make BSRA a truly non-profit foundation with Federal recognition.

B. Organize the early seance material into an intelligent body of instruction which will truly be of service to those we send to you!

C. Organize yourself so that each day has its quota of constructive work, soundly conceived and thoroughly executed.

D. The home must be completed for better bargaining power if and when you do decide to move -- it won't necessarily be Harmony Grove."

October 1, 1960, 9:30 p.m.

Bedroom, invoke Lao Tse.

1. Care to make any Presidential race predictions?

"No. It doesn't too much matter which one of your candidates gets in. The course of history won't change much."

2. Do you still say, no new war with Russia?

"No new war with Russia. She is making out all right with her present program, without fighting. The United Nations is getting stronger. It had to move to survive."

3. Hasn't the United States lost some stature as the United Nations assumes a stronger roll in Africa?

"It might seem like a loss of power and prestige -- but a gain toward world government, and eventually world brotherhood! This cannot come about without birth pains felt by everyone, New Age birth pains."

October 2, 1960, 9:25 p.m.

Bedroom, invoke the Yada di Shi'ite.

1. I hope you are gratified that Harmony Grove is available for a July 4th gathering next year.

"I am indeed. I think you are going to have a great time there, lots of people, many of them seriously interested in what you call parapsychology. I do not think there will be any startling demonstrations, anything especially new -- but for what you call the social life, is it not so? Everybody get acquainted. Everybody talk, talk, talk, make gestures with the hands, look at the equipment, and go home happy that they have met with others like themselves. They know that they are not alone in the world, that there are other crackpots -- hah, hah. This is good."

2. What will it do for BSRA?

"People will have good feeling toward you. They will know you are a human being, flesh and blood, not just a name in a book, is it not so? Out of this you will grow; you will become more important in your own eyes, and in the eyes of other people. They will say this man, this BSRA, is going places; which way is not important right now, just go! Move! Show life! Show LIGHT! That is what attracts people. Then we can help from this side. We can make contact with minds that are open to what we have to teach!

3. Will Mark Probert come?

"Ask him and see."

October 3, 1960, 9:40 p.m.

Bedroom. No contact this night. Emotional atmosphere of home too heavy with thoughts of unpaid bills, and yearning for earlier days when there was a regular salary coming in.

October 4, 1960, 9:30 p.m.

Bedroom. Judy still unhappy but at least the Round Robin Journal is done and in the mail! Invoke the Yada.

1. How is Meade Layne now?

"He is beyond any concern of yours."

2. Is there anything I can do for him?

"No. You mustn't criticize him too severely. He did what he thought was best. Don't we all?"

3. His best wasn't good enough for the Inner Circle as I see it.

"If you think you can do better, you have the opportunity."

4. I know.

"My friend, don't be too concerned about that which is past. It is finished. We are through with it. Why should you involve yourself in his affairs? My advice to you is, leave them alone as much as you can. He is beyond your help now. Later, perhaps. You have the best of what he built in your hands. Use it. We are with you. We would like to see BSRA continue, on a larger scale."

October 5, 1960, 9:30 p.m.

Bedroom. Invoke Lao Tse, the Chinese sage. (The day's mail had included a letter from an attorney retained by Mrs. Layne. We had stopped making payments on our agreement to buy BSRA from Mr. Layne. This was in January, 1960. There were two reasons for this. One was that there wasn't enough money coming to pay Meade and carry on the work. The second was that we had come to believe Mr. Layne had no right to sell BSRA, without the consent of the Associates who had built it and carried it with their memberships and their donations. When Meade asked me to take over in the spring of 1959, he treated the Association as though it was his personal business. His mind and health had deteriorated so by the fall of 1960 that Mrs. Layne had to put him in a nursing home. This costs money; so she took our agreement to her attorney.)

1. Good evening, friend, it seems that we have the threat of a law suit hanging over us.

"Mrs. Layne will not go through with it."

2. Why? Will she finally come to realize Meade's deceptions?

"Yes, the truth is beginning to dawn on her, little by little."

3. I'm sure you of the Inner Circle realize that I am depending on you for guidance and help to see us through these trying days and nights. I sincerely hope that I am open to your suggestions on right conduct in this matter, that BSRA can continue under my direction to serve in ever widening circles.

"Take your documents and see Mrs. Layne's lawyer. You will learn things. So will he."

October 6, 1960, 9:30 p.m.

(Judy in a blue mood all day, don't blame her; talks of wanting to get away from all this mess.) Invoked the Yada di Shi'ite and hope that he can come through all this gloom.

1. Fine kettle of fish we're in. Is there any way out of this Mess?

"Oh yes, my friends, this work will go on and you will lead it. What is gained by running away from things now? A little breathing spell, perhaps, then the trouble, trouble, trouble, worry, worry, worry will return to you with increased pressure. Problems, your problems, cry for solutions, which only you can give them. With patience you will solve them. Our resources are not small. We can help you only as you open up channels for the work to flow through."

October 7, 1963, 9:30 p.m.

(Session with Mrs. Layne's lawyer this morning. He said we should go through with the agreement to buy BSRA, or rescind it and return everything to Mrs. Layne, if we felt we had been deceived. This latter I refused to do because I had sworn to carry on. I challenged the lawyer to prove that BSRA was a legal entity which could be sold, seeing there was no legal record of it anywhere that I could find. Meade had been doing business as Meade Layne Publications. The mailing permit under which he had been sending out Round Robin for 13 years was under his name, not BSRA. I didn't give up a \$6,000 a year civil service job to take over a worthless publishing business. If Mrs. Layne insisted on going through with this case I would throw myself on the mercy of the court. I entered the deal with clean hands. The other party didn't. The lawyer still insisted I should pay up or get out; which, in a way, made good sense. We parted on cool speaking terms, with Judy trying to get me to be more friendly. She said later that we should tell Mrs. Layne if BSRA wasn't making enough by the end of the year to resume payments on the agreement, we should give it back to her, what's left. That makes good sense, too.)

With all this in mind I went to the bedroom and sat quietly.

1. I wonder what the Inner Circle feels about all this?

"It is nothing new to us. If you feel the work is too difficult for you, by all means give it up."

2. It isn't difficult; it is impossible -- without money to pay our bills. This isn't new to you? It isn't new to me, either!

October 8, 1960 - Attended the meeting of the Vista Understanding Unit and heard Flying Saucer lecturer, George King.

October 9, 1960, 9:30 p.m.

Bedroom, invoked Professor Luntz, Englishman, world citizen.

1. When am I going to finish painting your picture?

"Please do. It will make my work with you a little easier, you know. So you listened to a fellow countryman of mine last night. What a pity he isn't better informed on the subject of Flying Saucers."

2. Mr. King seems to draw better than I do.

"Rather. You could have more popular appeal, too. But don't imitate him! First of all, and above all, be true to yourself, to your highest ideal. Then use your intelligence, your experience, to make your talks as appealing as possible. There's one matter that has been troubling us -- not that we allow much to bother us, figure of speech you know -- There's this matter of Mr. Layne. Couldn't you be a little easier on him? We know he kept things in a mess. We 'put up with him' for 13 years, and got quite a bit of stuff out, don't you think? We are not through with him by any means; neither are you. Might as well make the best of the situation and send a few positive thoughts his way. You really can do better than you have been doing towards him, and I'm not speaking of payment now. You claim to be a man of good will. Use it. Use lots of it."

3. Seems like a waste of energy to me, as long as his will is set. If you couldn't get him to see his misbehavior in 13 years of trying, I don't have much hope of doing it. I'd rather work where I can see some results, wouldn't you?

"Of course we would, and we have seen results. You are benefitting from them right now. If you can't praise him, don't damn him and add to the load he -- and we -- are already carrying."

4. That seems a fair request. I'll try.

October 10, 1960, 9:30 p.m.

Bedroom, invoke the Yada di Shi'ite or Professor Luntz.

1. What? The Englishman again? Wonder why I haven't felt very hospitable toward Englishmen lately?

"I hope you'll make an exception of me. I have to work with you, you know."

2. I don't envy you, Professor. How unutterably dull to have to watch over some fumbling, stumbling human entombed in a body.

"If you would finish my portrait and hang it, I wouldn't have to stumble and fumble getting some ideas through your head!!!"

3. What ideas?

"On how to improve your financial condition; though I see you are working harder on things that count."

(We had started publication of the unpublished Inner Circle seance transcripts left us by Meade Layne, and were planning on a lecture trip as far east as Galveston, Texas, in November.)

October 11, 1960, 9:35 p.m.

Bedroom, invoke Professor Luntz.

1. Can't think of anything to ask, particularly, except perhaps about Rainbow City in the Antarctic. Have you visited such a place?

"I couldn't tell you even if I had visited it. There may be more than one city under that vast ice field down there. You should realize from your own studies of vanished civilizations that every continent carries traces of long forgotten cultures. The Antarctic is no exception."

2. Do you know if active bases are maintained there by outer space or Etheric beings?

"Of course I know it. I have observed their goings and comings, all unknown to modern man."

3. Do we play a part in their plans?

"No, or if so, only a minor part. They have no designs on you, if that is what you mean."

4. Yet their presence must have some effect on the planet as a whole?

"It has a great effect -- but man is only a part of the planet, and not the major part, with three other Kingdoms, mineral, animal and vegetable, that he knows about."

5. Is there any likelihood of our discovering this space base down there now?

"I don't believe so, certainly not unless the people using it want it to be known."

6. Is it a physical base which requires camouflage of some kind?

"Yes."

7. Then it could have been revealed to the Hefferlin's contact? (Emery Deutsch).

"Yes, it could have been."

8. Could you admit that it was?

"I'd rather not. You have published part of the Hefferlin manuscript. That's enough for now. Let it stand on its own merits. If there is to be verification let it come from some independent source -- safer and better for you."

October 12, 1960, 9:30 p.m.

Bedroom, invoke the Yada di Shi'ite.

1. Do you feel the same interest in Harmony Grove that I do, as a possible operational base?

"Good evening, my friend. Why do you want to jump from this beautiful new home?"

2. It doesn't seem to have the growth potential that we are going to need in a few months or a year. You do want us to grow, don't you?

"My friend, I want what you want. Are you sure you really want to take on such a responsibility, administration problems, people and their troubles? You will have them, I promise you."

3. We have troubles now, but we have peace and quiet, too. But Harmony Grove seems to offer a place, already built up to handle visitors, those who need help, and those who want to help.

"That is very true. It could be made into a more useful place than it is at present."

4. It is a spiritualist center. Does that bother you?

"No. We are ready to help and to answer questions there or anywhere that men and women gather, looking for more Light -- which they have already within them."

5. Doesn't the Grove have a good magnetic aura for our work?

"My friend, you will know this for sure after the July 4th Convention next year, good night."

October 12, 1960, 9:30 p.m.

General conditions in the home this night were more down than up; so I wrote "Leave the door open and the Devil might appear, if he isn't already here. Better to keep it closed entirely."

October 13, 1960, 9:30 p.m.

Bedroom, invoke the Englishman, Professor Luntz.

1. Must we consider our present financial straits the normal state of affairs in this kind of organization?

"No, I don't think so."

2. Is there anything you can do to help relieve the situation?

(No answer, but at that time we did have lecture engagements and were planning a lecture trip as far east as Texas, which did help to relieve the situation.)

3. How would you of the Inner Circle feel if I went back to a salaried job?

"We wouldn't like it."

4. Do you realize how much we have hanging over us in unpaid bills right now?

"We know it."

5. If you and the other beings who want to use us as channels can't do any better for us than this, I'll have to go back to work. Better to admit we're not ready for the Path than drag on this way. Might as well be honest about it. We certainly can't deceive you. I'm trying not to deceive myself.

October 16, 1960, 9:30 p.m.

Bedroom, invoke the not-so-conservative Englishman, Professor Luntz.

1. Good evening.

"I say, it's nice of you to invite me in this evening."

2. Nice of you to come. What plans do you have for BSRA this year?

"Rather a large order, isn't it? We have oodles of plans -- as you might put it. All dependent on what you will or can do -- you and Mrs. Crabb.

3. Am I catching your ideas, your thoughts for the future?

"Yes and no. You could go in several directions."

4. Well, one direction I took for sure was the Vow of Poverty!

"Quite so, quite so, but that is not an end in itself. It merely qualifies you for further sacrifices -- but it clears the way for the higher work you wish to do, doesn't it? Once you become accustomed to it -- you've been in it for almost a year now -- once you become accustomed to it, it won't bother you any more. Really, all the Vow of Poverty is, is a putting aside of non-essentials, a ridding the personal life of a lot of excess baggage. You get in trim for the big fight, the big job ahead

5. What is the big job?

"We can't quite say, yet, too many intangibles. Every time you threaten to 'go back to work' as you put it, the picture of the future of BSRA under your direction becomes indistinct, vague, it wobbles. This will never do. It is for you to set objectives which you feel are within your reach and work toward them, when the opportunity presents itself. We'll help you take a giant step, such as the eastern trip last spring."

October 17, 1960, 9:40 p.m.

Bedroom, invoke Professor Luntz. But no, we have Lao Tse.

1. Are you looking forward to an expansion of your work through BSRA in the next few years?

"We are, if you do your part."

2. Will Judy and I be successful in putting together a staff to publish more material?

"You will have help, when you need it, as you need it."

3. Will it ever be more than a one-man operation?

"No, not for awhile. Growth, healthy growth, is slow and steady."

4. Will we be able to work with Mark Probert as Meade Layne used to? Or is that first phase definitely over?

"We would like to have you work with Mark again but cannot say for sure that it will happen. Just continue to think, plan and work toward a bigger and better BSRA. We'll see to it that you get more material than you can publish. I think I will go now before the medium gets too low on energy. Good night."

(Here is a first hint that even a mental contact or exchange with these Invisibles takes energy and plenty of it. As the medium I couldn't sustain a contact of more than five minutes at that time, and I am in what I suppose is normal good health!)

October 19, 1960, 9:30 p.m.

Bedroom, invoke the Chinese sage, Lao Tse.

1. What are your world-shaking platitudes for tonight?

"I don't have any world-shaking platitudes to offer, not any night!"

2. Surely after thousands of years of living and observing, you have something to say about life, Lao Tse.

"What do you want to know?"

3. That's a question that stumps me, in a way. What were you doing just before I visualized you and wrote down your name on this paper?

"Hoping you would do just that."

4. Is that a large part of your work now, working through or teaching through physical mediums?

"No. Where I am concerned directly with people still having flesh bodies I contact their conscious minds, as you and I are doing now."

5. Are these contacts aware of you by name?

"Very few. I serve unseen and unknown, unhonored and unsung."

6. What is the purpose of that service?

"To encourage men and women to better themselves, to carry on in spite of all odds, to give inspiration."

7. Is that what is most needed now?

"It is always needed, yesterday, today, tomorrow. You know we don't interfere in human lives. We can only inspire, guide, direct by continually clarifying the choices which confront our workers and urging toward a right choice."

8. Then there is right and wrong, then?

"To each individual in any given circumstance, yes."

9. Do you do any work at your own normal level of living? Work that is not directly concerned with the here-living?

"If you mean companionship with my own kind, yes; but all are dedicated to work with and for the Great Plan in some way. There is no other purpose. We are not idle. We don't deliberately waste time, as you put it. We are always in present time, something impossible to explain to your sense-limited consciousness. There is no time to waste in a state of perfect harmony, none to lose, none to make up. You are, I am."

10. Yet you must be aware of time as long as you work with me, for instance; for tomorrow night after another revolution of the earth, I will again be sitting here, attempting to catch ideas from you. (No reply, and another session, one of the longest to date, was ended).

October 20, 1960, 9:30 p.m.

Bedroom, invoke Professor Luntz.

1. Do you have any plans for incarnating soon, Professor?

"No, there's far too much to be learned over here for the time being, and so much to do. The working conditions are ideal. If I want to go, I go. If I want to see, I see. I can have any friends I want, any woman I want, when I want them. All I have to do is change my mind and I change my environment."

2. How do you reach me at these times of communication?

"I visualize this room most strongly, with you in it as you are now, sitting on the bed, pen in hand, ready to write my projected thoughts in reply to your questions."

3. Do you know what I write down? That is, can you check it for accuracy?

"Yes, I can read anything you have in your mind -- not always too pleasant."

4. I know. I'm sorry.

"Then dash it all, man, why don't you do something about it? Get up and move! Where? The thought-control you've been working for all these years!"

5. It seems to be effective enough in forming an image of you for communication.

"It will do now but it could be better. Good night."

October 28, 1960, 9:30 p.m.

Bedroom. Our first night home from a lecture trip to San Francisco and the Bay area. Associate Bill Dugan, Galveston, Texas, had just called from there to confirm the Thanksgiving date.

1. I certainly see the fine hand of the Inner Circle in these affairs. It is a comfort to be aware of this support and guidance.

"We are proud of you and the work you and your dutiful wife are doing. Don't let us down. We have to answer to our superiors! We don't want to pass 'light weight' along to them."

2. What do you think of our Associate's continual urging to advertise BSRA?

"No more than you do. You are not a commercial enterprise. The advertising will earn its way, that is all."

3. I feel the response to our work should be spontaneous, from an inner urge. Is that correct?

"Yes, indeed. That is our work, contacts for you. The Dugans are a good example. The widening ripples from this center will reach more and more as long as the basic pressure is maintained. You should see what happens when you become discouraged. Everything stops, starts to collapse. We rush around trying to maintain pressure until you shift gears again -- not easy -- on us -- any more than it is on you. We'd like some consideration too!"

4. The trickle of money doesn't seem to do much to reduce the pile of bills.

"You can pay all your bills and buy nothing; but does that mean an end to living? Of course not! The worry, worry, worry -- struggle, struggle, struggle goes right on -- might as well struggle along with us. You will be happier in the long run, because more fulfilled. Good Night.

October 30, 1960, 9:30 p.m.

Bedroom.

1. If ye ruddy bearded Englishman is about this evening, perhaps he would like to speak.

"Rather! You Americans are so impatient!"

2. Gotta get things done, even if we don't always know why.

"We British don't always 'know why' either. We're just a little more deliberate. An older race knows that all things will come about in time. If we don't get it done today, we will tomorrow. An interesting time you and Mrs. Crabb had last night... learning about Glastonbury Abbey, eh wot?"

(We had attended the regular meeting of the vista Understanding Unit to hear George Hunt Williamson's illustrated lecture on Glastonbury Abbey and its environs, in southwestern England. The amazing point of the lecture was that some ancient, long forgotten race had built huge, Zodiacal figures into the countryside around the Abbey. These huge figures were totally unsuspected on the ground. It was only with the development of flying in modern times that the figures showed up from above, and then the plane had to be a mile or more above the Abbey. This indicated that the original designers and builders of the figures had to have been masters of the air!)

3. Isn't it true that the huge Zodiac described by Williamson goes back farther, or is much, much older than the 4,000 years he gave?

"Much, much further indeed, to Atlantean times when much of that part of England was under water. This indicates that Glastonbury has been an occult center for the Western world for 15,000 years or more. Countless structures, churches, monastery towns, retreats have been constructed there, used for generations, and have disappeared in man-made or natural catastrophies. Glastonbury Abbey was not the largest structure to have occupied that sacred spot, nor is it the last. It is even more highly revered on the Inner Planes as a Center of Light for England and for other countries as well. I should say, the citizens of other countries of the Western Tradition."

4. I wonder if Francis Bacon ever visited it?

"Many times, but not in the flesh. It wasn't good politics to make pilgrimages to Glastonbury in Elizabeth's time."

5. Will the place be rebuilt in our time?

"I think not, though it still does have a future as a great Center of Light on the physical level. Good night."

October 31, 1960 - Halloween - 9:40 p.m.

Bedroom.

1. Sorry to be late. I thought the kids would still be coming for 'trick or treat', but it has quieted down for awhile.

"All Hallow's Eve is an old, old story to us. It has been celebrated many times and places in many lives, in conditions not so civilized as this year of Our Lord, 1960. If this were the dark of the moon and you knew the proper ceremony, real witches might be called forth to do your bidding."

2. Why should I want witches to do my bidding?

"Human beings want strange things which only strange creatures can accomplish. Hah, hah, hah, hah, hah, hah!"

3. Say, who are you?

"The Voice of things forgotten and left undone. . ."

(Open the psychic door and who knows what you'll get!)

November 1, 1960, 9:30 p.m. - Bedroom. Invoke Professor Luntz.

1. How come you are mixed up with all these Orientals in the Inner Circle, Professor Luntz?

"Oh, I have a few Karmic attachments with the Yada, just as you have. What else?"

2. But don't you naturally belong to the Western Tradition?

"Of course."

3. How do you mix the Rays and still remain comfortable?

"Hasn't bothered me in the least, old boy, at this level."

4. Do you know Dion Fortune?

"Very well, indeed. Would you like to speak to her? She's here, you know - - - Do words fail you? You a connoisseur, a master of words?"

"Well, I say, Mr. Crabb, this is Dion Fortune speaking to your mind and I am happy that you have gotten to this place in your studies. I should say, we are happy. There is so much to do now. I've been waiting so long for you to 'break through' as you Americans put it -- waiting for you to open up that side of your mind consciously. You are a splendid medium, the best type really, and things couldn't have worked out any better than they have now toward the expansion of the work in this area. I see a question in your mind about Mr. Williamson, a good medium, too, in his own way. And how his present lecture tour is stirring the thinking and feeling of your New Age people here in Southern California, making them realize there is a Western Mystery Tradition to be proud of...thousands of years old, right there in England. Oh, he is under direct guidance, never fear; and please don't hold judgement over him and his past needs, for your own sake. I'll leave you and your precious Judy now, but remember we are never far away, always closer than you realize, in ways you won't understand until you, too, stand on this side as guide to seekers and servers in the flesh. Good night for Dion Fortune and for Professor Luntz, whom I know well by another name!"

November 2, 1960, 9:30 p.m. - Bedroom.

"Don't invoke, just open your mind as you used to do when contacting Innocent III."

1. Do you feel the excitement of the Presidential campaign on your side

"My friend, this is the Yada di Shi'ite. We were just trying a little experiment with Mrs. Crabb, to talk directly to you at your level. Too much resistance yet."

2. Does this mean I am not receiving well or clearly?

"Yes. Too much coloring yet on your part at times. But don't be discouraged. Enough is getting through that we are encouraged to continue. We like to experiment too, you know, to improve, to try new or different methods of communicating our ideas -- as long as you wish to receive them -- especially as well as you are doing now. You see, my friend, I need you. You need me, the positive and the negative. We strike a balance between us and the stream of words, of ideas flows."

3. Words, yes, but you don't project visions to me?

"No, that is not necessary at present. That is not part of the experiment in communication. We appeal to that part of your conscious mind that deals with words. Your mind is well stocked with them so we make use of them, is it not so?"

4. Yes.

"Just so. In time you will hear my voice even more clearly than you are hearing it now. Then you will know that you are clairaudient. It is important to what we want to do, that you are confident, confident of my presence, manifesting through that picture on the wall, confident in your ability to receive clearly and accurately each word that I send over to you -- over the astral telephone."

5. I agree my confidence is increasing as my pen flows steadily across the page as fast as I can write. I may have to turn to the tape recorder eventually.

"Just so. You must use your American gadgets. They are so efficient -- when they don't break down! If you will excuse me now, I go. Good night."

November 3, 1960, 9:25 p.m. - Bedroom. Invoke the Yada di Shi'ite.

1. --

"Good evening, my friend, I see you are close to your wife and she is close to you, an ideal arrangement. Oh, how we look for happiness in other persons when all the time that happiness is in ourselves. Is it not so?"

2. But we see that happiness reflected in others, our happiness!

"Some times. But there are other times when we see only clouds and rain in others and this disappointment reflects back into us and we are unhappy. Detachment, my friend, and allow your own happiness, your own deep peace and contentment shine from within outward, regardless of the gloom around you."

3. Is that how I create the serenity you want for good reception of your ideas?

"Exactly. My friend, little we know, when we start out with a seance of this kind, how it will end up. Be not concerned."

(Judy had moved beside me this night, for the first time since we had started this series. She usually sat or laid on the other twin bed. Just as I wrote 'concerned' some being, elemental or otherwise, entered her throat center and bellowed some incomprehensible gibberish. Judy was frightened but fully conscious; I was startled; and 'it' disappeared back into the invisible.)

November 4, 1960 - Started teaching a weekly class in metaphysics for the Vista Understanding Unit, at the home of Mr. and Mrs. Al Rose. Fifteen were present. The class continued for over a year.

November 5, 1960, 9:30 p.m. Bedroom. Invoke Professor Luntz, the English Sage - "Wot"?

1. Well, red-beard, what do you have to say for yourself tonight?

"I don't know that I have anything to say, except to congratulate you on the change of atmosphere in the home -- pretty thick lately!"

2. Sort-of crept up on us, didn't it?

"Yes, you should be more sensitive to these changes around you and move to meet them before they get the best of you."

3. That attack in the solar plexus certainly got the best of me yesterday morning.

"You asked for it."

4. Would you like to enlarge on that?

"Well, you know very well that when you send out thoughts of ill will they are bound to snap back at you eventually, unless you protect yourself."

5. I thought I was protecting myself.

"If you were you wouldn't have gotten sick."

6. Are we right in suspecting the source of the trouble?

"Partially, she was only an instrument. Rather a neighborly goodbye, wasn't it?"

7. Yes, very.

"There you have one good reason for the nightly review urged by Dion Fortune. One affect of this is to cleanse and detach one's self from the daily output of irritation. Clever idea, isn't it."

8. Yes, it is. Good night.

(The previous morning I had awakened sick and dizzy, so off balance I could scarcely find my way to the bathroom. There was the desire to throw up but nothing came but gas. It took me half a day or more to throw off this condition, which I recognized to be a psychic attack. I had received a pretty powerful thoughtform in the solar plexus. In considering the possible source of this attack, Judy and I settled on the highly irritable and irritated neighbor woman in the corner house across the street. She, along with her family, had just moved out that day -- along with her pet little Siberian flea-hound. Every time she let this little pest out, it barked, from the time it was out of the door until she took it back in the house again. This had gone on day and night for

over a year and my patience had given out long, long before. I had sent out thoughts of ill will toward this unhappy woman and her unhappy dog. And, as a parting gift, I got them back. But it was certainly worth it, to have them gone.)

November 6, 1960, 9:30 p.m. Invoke Professor Luntz

1. --

"Why don't you just quiet down a bit and let me talk, old chap. You know, we were together in those Elizabethan times, good friends, enjoyed many an escapade, fought over girls -- ladies! -- of the Court. I was the younger of us two -- no not Francis Bacon by any means -- your brother! I mention this because I think you should know, doubt it as you will, that there is a strong tie between us, a blood tie. Does change the complexion of things doesn't it? But don't worry too much about the past, it might disturb the future. We can't have that, you know. The images should be allowed to develop, to 'hatch' without any disturbance -- takes serenity, you know."

/ (Here there is a single check mark, indicating that I drifted off; for how long or to what visions I don't know as that was the end of that session.)

November 12, 1960, 9:30 p.m. - Bedroom. Invoke Professor Luntz.

"I'm really a world citizen now, you know, in spite of my accent and phrasing. Wouldn't deny me those small pleasures would you?"

1. Robert the red-beard Luntz, ambassador from the realms invisible.

"And you, Herr Director, are invisible to us!"

2. Then why bother with us?

"For the same reason you bother with us."

3. It could be love.

"It could be, rather, love and the desire to help. We are also curious, you know, wondering how the silly old world is doing without our presence -- gets along very well."

/ (Drifted away for a moment.)

"Here and there are people like yourself, open minded toward us and eager for knowledge. To them we are important."

/ (Drifted away again to end this session. By this time in these nightly sessions I had begun to realize that contact with the Invisibles takes

a lot of vitality, from us, the here-living! Obviously I didn't have much spare vitality for this kind of communicating. I was learning through personal experience why so many mediums suffer breakdowns in health, and why the Inner Circle had limited Mark Probert to three sessions a week.)

November 13, 1960, 9:30 p.m. Bedroom. Invoke Professor Luntz

1. Thinking about hanging Inner Circle portraits on the bedroom wall -- they should be down, out of sight, except for meditation time. Choosing one and bringing it out would be a definite part of the invocation ceremony for that individual. Out of sight the portrait would not be a source of distraction to the subject, wherever he is and whatever he is doing in the invisible world. Thanks for the hints, Professor. By the way, whatever happened to the fellow who helped Meade and Mark get started in those first sessions in 1946? Did he really join up with some Lodge in Baja California?

"Really, old boy, I wouldn't pry into that any further if I were you -- not a subject for discussion or concentration at present. You aren't strong enough. The knowledge would do you no good. We have enough to do now to protect you from evil, 'directed evil' as you call it. Accentuate the positive."

2. How long will it be before I can see you?

"Start trying. Ask that your spiritual eye be opened. You know the request, the first step must come from you before we can do anything. Good night."

November 14, 1960, 9:30 p.m. Bedroom. Invoke Professor Luntz

1. We have an interlude while Judy gets up and removes a cricket from the bedroom. Ah, the fair sex, Professor, charming creatures aren't they?

"Bless the ladies, couldn't do without them, could we. Charming creatures, women, so necessary to a balanced life for we men -- as we are to them. The one neither better nor worse than the other, complementary -- or they should be."

2. I suppose sexual equality is here to stay.

"Yes, and why not. You wouldn't have it any other way. Neither would I. There's nothing to equal the companionship of a charming, cultured woman, on your side; but even more so on this where like attracts like and there is no forcing of companionship. It is utterly impossible here. Only in the physical world can a man force a woman to submit to him, by brute strength or for money. Here we can have anyone we like -- difficult to accept, that idea, to one like yourself, still entombed in the flesh."

"But referring back to the above, you can see why it would be true. You can have only those you like because the vibration must be harmonious. When it is, you and your loved one are irresistibly drawn together. With no bodies in the way, the union is complete. The two consciousnesses merge into one whole, for as long as the impulse toward union shall last. Satiation is a good word. 'Til each fulfills the other's need. Then the parting is equally harmonious because there is need for activity, need for expression in outward activity that which has been received during the inward fulfillment. Do I make myself clear, my American friend?"

3. Yes, I believe so. That was the longest stretch of sustained writing so far.

"We have improved our relationship, haven't we, since you brought my portrait in with you?"

4. Apparently, though I'm still not completely confident that I'm not coloring. These thoughts of yours are almost too much a part of myself.

"That's always the way. There is no other way to do it, a very high kind of mediumship of which you can be proud! We are! This means now we can plan on some definite releases of subject matter to you and when you get it out, watch it go! Our resources are limitless you know -- up here; and they are only limited by your capacity down there. Never fear, it is growing or expanding about as well as can be expected under your circumstances. We are not complaining, only commenting. Thanks again, for your attention. Good night."

December 5, 1960, 9:30 p.m. Bedroom. Invoke Professor Alfred Luntz

1. Famous name, Alfred, but even more interesting to me, Robert, is this brotherly relationship in Elizabethan times. Well, Professor, Judy and I are back from the lecture trip to Arizona and Texas -- not too well, nor happy over the mediocre results, financially and otherwise. I suppose you would like to continue these contacts during our lecture trips?

"No, too difficult for both you and us at present. You know very well how much energy these seances take from you. Five minutes was all you could stand at first, and then you kept 'slipping off' as you put it -- really spiritual exhaustion as much as anything else. We do well to protect you as much as we can from evil influences even when your centres are unopened! What good would it do to be writing on the road, particularly? Your attention should be on the immediate problems, meeting people for counseling, preparing for the talks and the travel, etc. You are not that good a medium yet as you well realize. Anyhow, we can wait.

2. My laryngitis almost did me in there in Albuquerque. I suppose you did what you could to help?

"Like shutting off Dr. Thaxton -- and holding Mrs. Romero off so there would be no answer to your call. Very noble of you, to try to talk in Albuquerque with a throat like a piece of raw beefsteak. There was no avoiding the illness after Texas. We had to give you one night of rest. Good night before your batteries run down completely."

December 6, 1960, 9:30 p.m. Bedroom. Professor Luntz.

1. I'm rather curious as to just what goes on around us during one of our trips. There must be a lot of protective work, planning ahead, and so on.

"There is, in ways you little realize or need to understand at present -- none of your concern, really. You just plant the seeds -- set the dates, name the places -- we carry on from there. You can't do it all; neither can we.

"I do wish you'd finish up my portrait soon and get it framed. You also should do the others, especially Lao Tse and Rama Ka Loa, two exceptionally gifted members of the Circle who have much to do with you and the work immediately ahead."

2. Sorry, there doesn't seem to be much push yet. But there will be.

December 8, 1960, 9:35 p.m. Living room, bedroom too cold! Invoke the red-headed Englishman, Luntz.

1. I'm sorry conditions aren't as ideal for reception as they usually are. Do they bother you as much as they do me?

"That is one reason we preferred the bedroom for sittings, fewer cross currents to bother your receptivity -- static. It is good to try to rise above it at times, practice for those times when you have to try for contact under most adverse conditions."

2. I hesitate to inquire about new material for publication when we are so slow in working on that already available in typewritten form. Can we expect outside help in the near future?

"No, not for several months yet. Do the best you can with your present time and equipment. More than that we cannot ask. The tides of March may bring a new cycle in which the work can expand considerably. Your base isn't quite complete yet. Get Federal recognition, more Board members, more active participation of Associates."

December 11, 1960, 9:30 p.m. Living room, bedroom too cold. Judy sick on bed. We moved one of twin beds in here for warmth.

1. Well, Professor, here we are still cleaning out after the Texas trip. Any comment on Judy's first sore throat? --- No answer. Maybe the cross-currents of the living room, plus Judy's illness make it difficult for me to focus, or to present the quiet mind so necessary for reception.

December 13, 1960, 9:35 p.m. Bedroom. Judy still in the recovery phase. My voice still a little hoarse and sinuses draining.

1. Is there any member of the Inner Circle here that wants to come through tonight?

"Of course. The problem is always, or almost always, on your side. Didn't you once say or write: Control of quality is absolute from the physical?"

2. So I did. Who's talking?

"Lao Tse. Good evening, my young friend, and don't worry about my portrait being painted. It only helps for the mental connection. That we already have, you and I, many of them, going back a long, long time. Any other questions?"

3. No, not particularly. I hesitate to get into anything serious, fear fear of failure, I guess.

"Just so, all very understandable because of your lack of practise in this life. You were a great medium once and are becoming one again. Any questions?"

4. When did all this come about?

"Just carefully jot down each word as it comes along. Why be concerned about detail or accuracy now? We are going nowhere. Time is with us, just as it always has been. You were with me in my last life in China. One of my closest pupils, a great help in that life, a masculine embodiment, quite happy in the work, content to play a passive rather than an active role. Much subjective wisdom was picked up. It served you well in succeeding lives and still does, serving to guide you surely in your studies, giving that inner assurance, that Light which attracted the attention of others."

5. Was Judy with me in that life?

"No, she was not."

6. Where is or was our karmic connection?

"You aren't ready for that revelation yet. It would probably be better for you to discover that yourself when you are able. Guess we'd better stop now before your batteries run down. Good night."

December 20, 1960, 9:30 p.m. Bedroom. Invoke Professor Luntz.

1. Dear Professor Luntz, it looks as though my work may be taking a new turn with this urge to prepare an article for Ray Palmer's Saucer Magazine.

"Why not, do you think you would go on working the same way forever? It is time you expanded your field of expression and Mr. Palmer's magazine has national circulation. It was of great benefit to our work a few years ago, and will be again through you and Judy."

(So far as I know at this writing in mid-1963, Mr. Palmer has still not used the Saucer article submitted to him; however, he did use in Search's predecessor, Mystic. Professor Luntz was referring himself to a series of interview articles in Mystic in 1954. Readers of Mystic submitted written questions to the Inner Circle, questions and answers by the Yada di Shi'ite, Professor Luntz and others were then printed in Mystic Magazine.)

2. I like to think you were of help in seeing us through our most recent crisis.

"Thank you. We help where we can and when you will let us by asking for help. Never hesitate to do that for your requests open the door for us to come through and serve in those ways best suited to our talents, Riley."

3. Yes, Robert, Good night.

December 23, 1960, 9:30 p.m. Bedroom. Judy asleep in the living room and making a mighty slow recovery. Invoke the Yada di Shi'ite, head of the Inner Circle.

1. Welcome to this one of thy earthly homes. Any help which you can give Judy in her present condition will be appreciated, Yada. Dare I hope this is the last of these crises of frustration carried over from earlier years?

"My friend, how can you do anything else but hope -- and work toward her complete recovery! You love her, continue to want the best for her. Ask for it. Only as you ask can we give, and our powers are not inconsiderable as you well know. She is your responsibility. Don't fail her any more. She is your best teacher right now, re-emphasizing lessons you skipped over, too lightly in the past. Now you must review them one by one and make the most of them. We stand by your side in this. Mrs. Crabb is as important to us as she is to you -- more closely related, you might say, and more than just her Oriental race. She is a bridge between us and you in many ways. Guard that bridge as you would guard your life. Good night!."

December 25, 1960, 9:30 p.m.

Bedroom. Judy beside me and feeling better, thank God, and thank the members of the Inner Circle who helped see us through this crisis and undoubtedly many another.

1. Merry Christmas to you, Yada di Shi'ite. Do you experience a cleansing at year's end as the day-shortening cycle ends and the sun begins to move northward again?

"No. Not in the way you do with your physical bodies. The day-night cycle of the earth's rotation on its axis does not affect us here in any way. There are other things, other cycles, that do, of course."

2. But isn't a major portion of your work with people in the flesh, like me? We are governed by that rotation. Don't you have to come to us in our waking moments?

"Of course we do, but our work is around the globe, not just here on this side which is now in darkness. Your physical-chemical body is limiting, so demanding on you that you can scarcely conceive that it would be like to be without it. Being of the earth, it partakes of earth rhythms."

3. But surely you take advantage of the cosmic tides which affect the earth. Don't you set things going at certain times during the lunar month?

"Of course we do, but that wasn't part of your original question. Good night."

December 23, 1960, 9:35 p.m.

Bedroom, cold - no heat.

1. Sorry to be late but had to finish that upholstering job for Judy. I say, Professor, do you have any prophecy for the New Year?

"We don't care for prophecy any more than you do; though we can foresee some things."

2. How do you do that?

"By reading the accumulated thought forms around human beings, around objects that attract the attention. The problem is to estimate or approximate the date in terms of your time, when the accumulated material will release in the form of a blessing or a catastrophe in your 3-D world. This takes practise."

3. I suppose we here can't do anything like that because we can't see the thought forms?

"No, I'm afraid not. You wouldn't want to anyhow, pretty hideous. The clouds of fear, hate, greed and lust that surround so many of the honored institutions of mankind, enough to give one the blind staggers!"

4. Who determines when the stuff will be released? The Lords of Karma?

"Call it that if you like. They are almost too impersonal to be thought of in human terms."

5. Don't you have some mathematical formula for figuring the exact quanta of thought-energy necessary to cause, say an airplane wreck?

"I'm sure someone does here; though, as we've told you before, the thought of the accident is in the Astral world first, and precedes the actual event in the physical. If this were not true we could not protect or forewarn you. Again, that is our responsibility. Once you set your path to your goals we can look ahead for danger spots and plan accordingly. If it looks too bad you just don't go there, or don't go that way. You seem to want to understand our work better, so we tell you this. I still would like to see my picture framed; so would Natalli. Why don't you call on him sometime. He'd like to talk to you. Good night for a while."

December 27, 1960, 9:35 p.m. Bedroom. Have Natalli's portrait done so will try to contact him tonight, Italian gentleman and scientist.

1. I suppose Signor Natalli has much to say about scientific progress?

"I have. If you can but listen intelligently, without interfering or interrupting the flow of my ideas."

2. I'll try. Have you had anything to do with the selection of the eth material in the Round Robin? I am working on now?

"No, I didn't"

3. Have you been observing experiments with matter in the 4th state?

"Yes, but that wasn't what I wanted to convey to you this evening."

4. What did you want to talk about?

"You. You aren't treating Judy right. You should buy her more things."

5. Fine, when the revenue justifies it I will! Any ideas on how I can increase it? Would you suggest that I drop BSRA and go back into Civil Service?

"No, of course not. More effort in getting material out and available to the public will do it."

(This is the end of the 1960 notes).

the life just finished. This purging process may last for several years and genuine contact with such an one can result in endless, fairly intelligent discussions of remembrance of things past, concern over children, where to locate the misplaced will and other pertinent information still available in the memory. But to get useful information about the present and the future is well-nigh impossible because the consciousness of the communicator is focused subjectively at the emotional, purging level. He's not a thinker; he's a feeler!

This process should not be interfered with as the young soul withdraws from the objective, earth life just finished, purges itself of the old vices, and moves on into the more deeply subjective state of the Higher Astral. There, wrapped in dreams, the soul meditates on the life just ended, draws the essence of the earthly experiences, the causes, into itself, and prepares the plan for the next existence in a world of causes. Both the purgatory of the Lower Astral and the heaven of the Higher Astral are subjective states. They are worlds of results, not causes.

These are the only contacts available to the average Spiritualist medium because she knows of no others! Except possibly the stereotyped image or vision of the Christ, in the conventional pose, with His arms outstretched, blessing the world, a lamb at his feet. And these are the only two contacts expected of her by her customers!

QUITTING THE WHEEL OF REBIRTH

When a person's mind develops to where he has or can obtain self-knowledge, the above kind of mediumship is distasteful to him, a waste of time. He wants real, solid information, useful in solving daily problems and in enhancing his personality; above all, he wants to know how to get the hell out of here. Then he's ready for the kind of information which only Cosmic Mediumship can give. This is objective information given by Causal beings living in a world of Causes, not results.

These are the Teachers of mankind and though they may be invisible to us, they are not spooks from the Astral. Until you can make this vital distinction in your own mind, the Veil will be drawn for you and the Mysteries will indeed be a mystery. The endless cycle of existences in these lower worlds can be stopped only when you are intelligent enough to know there is such a cycle, and why? This kind of information can only come through cosmic beings who have been through the cycle and do indeed know why. They are ever-ready to pass this information on to anyone ready and willing to listen. "Behold, I stand at the door and knock," says the Savior of our race. "If any man will open unto Me, I will come in to him, and he will come in to Me."

There is the standing invitation to Cosmic Mediumship, from an objective Being out of the flesh as we know it, to objective beings in the flesh as we know ourselves to be. Members of the Inner Circle used the general term Etheric to designate that objective, invisible world of causes. This is quite different from the subjective, invisible world of effects we call the Astral.

A DIAGRAM OF THE SEVEN PLANES

1. THE SEVENTH PLANE - CAUSE, Higher or Abstract Spirit

From which Light is radiated impartially to all Life in the lower planes.

2. THE SIXTH PLANE - EFFECT, Lower or Concrete Spirit

The first manifestation of form in the shape of moral principles released or impressed on Group Mind of nation, religion, philosophical school, business or other group activity.

3. THE FIFTH PLANE - CAUSE, Higher Abstract Mental

Here Light becomes intellectual concepts or principles which guide leaders and individuals.

4. THE FOURTH PLANE - EFFECT, Lower Concrete Mental

Here, Masters who have won freedom from the flesh, and Adepts, impress their wisdom on the minds of their students and followers.

5. THE THIRD PLANE - CAUSE, Higher Astral

Good people still concerned about those they left behind at transition. Guardian Angels, Invisible Helpers, Guides and Controls who maintain contact with the physical plane for purposes of Service.

6. THE SECOND PLANE - EFFECT, Lower Astral

Earth bound drunkards and other sensualists who gain temporary satisfaction by sharing the vices of those still in the flesh. Also Black Masters and Adepts of the occult Lodges on the Left-Hand Path. These latter are the vultures, the scavengers of the Astral. Shut off from their Divine Self, they obtain their power from the unpolarized sex energies and the blood sacrifices of their devotees and victims still in the flesh.

7. THE FIRST PLANE - CAUSE, Physical and Lower Etheric

To those of the human life-wave entombed in the flesh, all the above is seen "through a glass darkly", if at all. If there is indeed a One Life, a One Cause, as most of the great religions and Teachers agree, then it is veiled from us as we look upward or Inward. Then it is up to us to tear that Veil aside if we wish to know what is behind it.

* * *

Remember, there is a positive-negative, cause and effect relationship horizontally on each plane, as well as the vertical polarity change we've indicated above. Also, coming down the planes, each plane is activated or affected by the plane above. It is a receiver of manifestation or creation. In turn, that plane becomes an activator or energizer of the plane below it. And yet, this physical plane is also a plane of causes, which can affect Life and consciousness in the Invisible Worlds.

THE LEVEL AND QUALITY OF TRANSMISSION.

Referring now to our chart on the preceding page, the medium can analyze and identify the transmitter by the quality of the messages received. When indulge a vice this sounds a note and shows a revealing color on the Inner Planes. This can and will attract an Earthbound on the Second Plane who hasn't yet purged himself of the same vice. He or she will transmit to you a nagging urge to indulge beyond what you would normally tolerate. A Black Adept may also be attracted, who will try to sap your vitality and draw it off to empower his own evil thoughts.

To a young soul, drawn to earth for all kinds of experience, this kind of enslavement to an organized priesthood will painfully push him along the road of evolution. To an older soul seeking self-knowledge, or knowledge of the Self if you like, such over-indulgence can only lead to disaster.

Loving, warning thoughts and feelings come from the Third Plane. Here we must differentiate between the newly departed, thoughtful relatives and friends still concerned about us. If unawakened to the Higher Wisdom, these will eventually drift on into the blissful, subjective state of the heaven world of the Higher Astral, where communication is impossible. Some relatives and friends become true Invisible Helpers and join the ranks of those dedicated souls who gladly give up their heaven life and maintain an objective consciousness, directed earthward to help those still in the flesh. Other Invisible Helpers or Guides are those who were students of the Mysteries, members of some Lodge or philosophical group dedicated to the ideal of Brotherhood. After transition these usually volunteer to work for, guide and inspire those members of the Lodge or group still in the body. They thus learn to apply Cosmic principles from the other side of the Veil.

Messages from these Third Plane Helpers can be identified by their specific content, directed to our daily problems. The more advanced beings of the higher planes rarely indulge in personalities. The Third Plane Helpers, whose minds are still full of "matter", find it easy to advise on personal matters. Here again we must distinguish between two types of Invisible Helpers. There are those dedicated souls who still have a flesh body but volunteer to work on the Astral while asleep at night, and there are the others mentioned above who have gone through transition. Be thankful that such have volunteered to watch over you but beware that you do not attribute to them an omniscience which is not really theirs. The Helper on the Astral may be able to see a little further ahead than you from the advantage of his higher position -- in foreseeing crisis, accidents, a change of conditions for the better, etc. -- but his judgment and education may be no better, perhaps less.

Remember, physical plane conditions are our responsibility. The Helpers from the Inner Planes, of any level, can only advise and direct. We set the conditions for reception of ideas. This is abundantly clear in the seance material of 1960 offered in the preceding pages. Remember also that the higher the contact, the more impersonal and philosophical the message.

Riley Crabb, Director, BSRA
Vista., Calif. Sept. 15, 1964

BSRA 2-H